



Brad Jones Karate Junior Shiai

JKA Rules Format

Sunday January 31st, 2016.

Magna Youth Gym, 800 Mulock Drive, Newmarket, Ont. L3Y 9C1, 905-953-5300

Tentative List of Events:

BEGINNERS: White, Yellow Stripe, Yellow

- | | | | |
|---|--|----|--|
| 1 | Mixed Team Kata Up to 9 (H Shodan, Nidan) | | |
| 2 | Mixed Team Kata 10 to 13 (H Shodan, Nidan) | | |
| 3 | Up to 7 Girls & Boys Kata | 4 | Up to 7 Girls & Boys Sanbon Kumite (Jodan, Chudan) |
| 5 | 8-9 Girls & Boys Kata | 6 | 8-9 Girls & Boys Sanbon Kumite (Jodan, Chudan) |
| 7 | 10-11 Girls & Boys Kata | 8 | 10-11 Girls & Boys Sanbon Kumite (Jodan, Chudan) |
| 9 | 12-13 Girls & Boys Kata | 10 | 12-13 Sanbon Kumite (Jodan, Chudan) |

NOVICE: Orange and Green

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|----|--|----|--|
| 11 | Mixed Team Kata Up to 9 (H Nidan, Sandan, Yondan) | | |
| 12 | Mixed Team Kata 10 to 13 (H Nidan, Sandan, Yondan) | | |
| 13 | Up to 7 Girls & Boys Kata | 14 | Up to 7 Girls & Boys Kihon Ippon Kumite (Jodan, Chudan, Mae Geri) |
| 15 | 8-9 Girls & Boys Kata | 16 | 8-9 Girls & Boys Kihon Ippon Kumite (Jodan, Chudan, Mae Geri) |
| 17 | 10-11 Girls & Boys Kata | 18 | 10-11 Girls & Boys Kihon Ippon Kumite (Jodan, Chudan, Mae Geri) |
| 19 | 12-13 Girls & Boys Kata | 20 | 12-13 Girls and Boys Kihon Ippon Kumite (Jodan, Chudan, Mae Geri) |

INTERMEDIATE: Blue and Purple

| | | | |
|----|---|----|--|
| 21 | Mixed Team Kata Up to 9 (H Yondan, Godan, or Tekki Shodan) | | |
| 22 | Mixed Team Kata 10 to 13 (H Yondan, Godan, or Tekki Shodan) | | |
| 23 | Up to 7 Girls & Boys Kata | 24 | Up to 7 Girls & Boys Kihon Ippon Kumite (Jodan, Chudan, Mae Geri, Kekomi) |
| 25 | 8-9 Girls & Boys Kata | 26 | 8-9 Girls & Boys Kihon Ippon Kumite (Jodan, Chudan, Mae Geri, Kekomi) |
| 27 | 10-11 Girls Kata | 28 | 10-11 Boys Kata |
| 29 | 10-11 Girls Jiyu Ippon Kumite (Semi Free Sparring) | 30 | 10-11 Boys Jiyu Ippon Kumite (Semi Free Sparring) |
| 31 | 12-13 Girls Kata | 32 | 12-13 Boys Kata |
| 33 | 12-13 Girls Jiyu Ippon Kumite (Semi Free Sparring) | 34 | 12-13 Boys Jiyu Ippon Kumite (Semi Free Sparring) |

ADVANCED: Brown and Black Belt

| | | | |
|----|---|----|--|
| 35 | Girls & Boys Team Kata (Tekki Shodan, Basai Dai, Enpi, Jion, Kanku Dai) | | |
| 36 | 9 and Under Girls Kata | 37 | 9 and Under Boys Kata |
| 38 | 9 and Under Girls Jiyu Ippon Kumite (Semi Free Sparring) | 39 | 9 and Under Boys Jiyu Ippon Kumite (Semi Free Sparring) |
| 40 | 10-11 Girls Kata | 41 | 10-11 Boys Kata |
| 42 | 10-11 Girls Jiyu Kumite (Free Sparring) | 43 | 10-11 Boys Jiyu Kumite (Free Sparring) |
| 44 | 12-13 Girls Kata | 45 | 12-13 Boys Kata |
| 46 | 12-13 Girls Jiyu Kumite (Free Sparring) | 47 | 12-13 Boys Jiyu Kumite (Free Sparring) |

NOTE: All three rings will be running continuously, all events will be full double elimination with flags right to the medal placements of 1st, 2nd, 3rd and 4th. No points for the final four in kata or team kata.

We will start with the four team kata events, Beginner, Novice, Intermediate and Advanced. Age categories may be combined.

As the team kata events finish, we will break out into individual kata, followed immediately by individual kumite with categories in ascending order of rank and age.

General Information

The Brad Jones JKA Junior Shiai is open to Karatekas of all ages up to 13.

Lunch will be provided for Volunteers

Date and Time.

Sunday January 31st, 2016, starting at 10.00am

Tournament Location

Magna Youth Gym, 800 Mulock Drive, Newmarket, Ont. L3Y 9C1, 905-953-5300

Tournament Host

Brad Jones Karate, 244 Main Street South, Newmarket, Ont. Tel: 905-895-9636

Tournament Registration Deadline Dojo tournament registration including summary sheets, fees and signed individual wavier forms must be submitted to Brad Jones Karate by **January 23rd, 2016**, to 244 Main Street South, Newmarket, Ont. L3Y 3Z5 Or you may email your forms to George Usher at gu-dextran@rogers.com but cheques must be received by the deadline. Please make cheques payable to “**The Social Committee**”. Alternatively cash payments can be made on the day.

Tournament Rules

Event Consolidation for Competitors

The tournament technical committee reserves the right to consolidate age and/or rank divisions in any tournament event as it deems necessary. Unless otherwise listed, Males and Females competing in individual events will be separated in all rank divisions except as follows:

Individual Kata/Kumite where there is only a single competitor, Males and Females will be combined for all ranks in kata, and for all ranks below Brown Belt in kumite: Males and Females will not be combined for kumite in the Brown and Black Belt divisions. Competitors may be moved up or down in age group depending on the number of competitors in the age division.

Team Kata

Each team must consist of 3 contestants, any combination of Males or Females of any age or rank. A team will compete in the rank division of the highest ranking team member

Three Competitors Rule for Kumite events;

In the case where there are only three competitors in an event, there will be no automatic bye. The loser of the first match will compete against the next competitor. If the loser of the first match wins the second match, that competitor will automatically finish second, and the winner of the first match will automatically finish first. If the loser of the first match loses the second match, that competitor will finish third, and the winner of the second match will compete with the winner of first match for first and second place.

Individual Kata

BEGINNERS: White, Yellow Stripe, Yellow

Preliminary Matches, until the final 4

FLAG SYSTEM: One kata by random draw from

White Belt and Yellow Stripe: Taikyoku Shodan, Heian Shodan

Yellow Belt: Heian Shodan, Nidan

Final Matches: Final 4

Point System: The contestant must choose one kata from: Heian Shodan, Nidan

NOVICE: Orange, Green Belt

Preliminary Matches, until the final 4

FLAG SYSTEM: One kata by random draw from

Orange Belt: Heian Shodan, Nidan, Sandan.

Green Belt: Heian Nidan, Sandan, Yondan.

Final Matches: Final 4

Point System: The contestant must choose one kata from: H. Nidan, H. Sandan, H Yondan

INTERMEDIATE: Blue, Purple Belt

Preliminary Matches, until the final 4

FLAG SYSTEM: One kata by random draw from

Blue Belt: Heian Shodan, Nidan, Sandan, Yondan, Godan.

Purple Belt: Heian Shodan, Nidan, Sandan, Yondan, Godan, Tekki Shodan

Final Matches: Final 4

Point System: The contestant must choose one kata from:

Heian Yondan, Godan, Tekki Shodan, Basai Dai, Jion, Enpi, Kanku Dai

ADVANCED: Brown and Black Belt

Preliminary Matches, until the final 4

FLAG SYSTEM: One kata by random draw from

Heian Shodan, Nidan, Sandan, Yondan, Godan, Tekki Shodan

Final Matches: Final 4

Point System: The contestant must choose one kata from:

Basai Dai, Jion, Enpi, Kanku Dai

Team Kata

Ages: Up to 9 and 10 to 13 (can be mixed male and female)

Divisions: White, Yellow Stripe and Yellow, Orange and Green, Blue and Purple, Brown and Black.

Point System: Teams must choose one kata from the following:

Heian Shodan, Nidan, Sandan, Yondan, Godan, Tekki Shodan, Bassai-Dai, Jion, Enpi, Kanku-Dai.

Tiebreak rule for Kata Matches (Item 38 JKA Rules)

Flag System.

The Head Judge will randomly choose another kata to be performed by the 2 competitors or teams.

Point System.

The competitors will perform the same kata again, If there is still a draw, the lowest score that was dropped will be added for a total score. If there is still a draw, the highest score that was dropped will be added as well for a total score. If finally there is still a draw, the competitors will perform a different kata.

Individual Kumite

NOTE: For safety reasons, competitors will not be allowed to wear regular eye glasses, Safety glasses and contact lenses are allowed.

BEGINNER: White, Yellow Stripe, Yellow Belt.

Kihon Sanbon Kumite (Basic Three Step Sparring):

3 Jodan (Face), then 3 Chudan (Stomach): Start with Right foot back

In case of a tie, Start with Left foot back

NOVICE: Orange and Green Belt

Kihon Ippon Kumite (Basic One Step Sparring):

Jodan (Face), Chudan (Stomach), Mae-geri (Front kick): Start with Right foot back

In case of a tie, Start with Left foot back

INTERMEDIATE: Blue and Purple Belt

Up to 7 and 8-9: Kihon Ippon Kumite (One Step Sparring) Jodan, Chudan, Mae Geri, Kekomi

Age 10-11 and 12-13: Jiyu Ippon Kumite (Semi Free Sparring) Jodan, Chudan, Mae Geri, Kekomi.

ADVANCED: Brown and Black Belt

Age Up to 9: Jiyu Ippon Kumite (Semi Free Sparring) Jodan, Chudan, Mae Geri, Kekomi.

Age 10-11 and 12-13: Jiyu Kumite (Free Sparring, One point match) 2 minute match.

Gloves (any colour) and Mouth Guard are required.

Tiebreak Rule for Jiyu Kumite (Item 23 JKA Rules)

If there is a draw, another match will be held. This re-match is called Sai-Shiai. If this re-match ends up in a draw, a second re-match called Sai-Sai Shiai will be held. However, the Head Judge may order that this second re-match is a “sudden death” match meaning that the competitor that scores first is declared the winner. After a second re-match, the judges will determine a winner.

Additional information from JKA Tournament Rules and Regulations.

Item 24 (JKA Rules): Criteria leading to Disqualification (Hansoku)

1. The following elements are forbidden:
 - a) Excessive contact
 - b) Performing dangerous throws and where joints are involved
 - c) Wasting time by not attacking
 - d) Using provocative language and attitude, or verbal taunting
 - e) Purposely attacking after stop (Yame) or out of bounds (Jogai) is called
 - f) Head butt attack
 - g) Spear hand or Nukite attack
 - h) Purposely attacking the groin area

Guidelines for Kihon-Ippon Kumite

Attacking Techniques

1. Punch to the face or Jodan Oi-Zuki: aiming for either just below the nose, or lower part of the chin.
2. Punch to the stomach or Chudan Oi-Zuki: aiming for the solar plexus.
3. Front kick to the stomach or Chudan Mae-Geri: using the back leg, aiming for the solar plexus.
4. There must be appropriate distance to attack. The attacking competitor steps the leg back and forms a downward block or Gedan-Barai. Each attack must be clearly announced before execution.
5. After the completion of an attack and defense sequence, both competitors simultaneously return to the natural position or Shinzentai. The attacking competitor takes a step back to return to the natural position while the defending competitors takes a step forward to do the same.

Defensive Techniques

1. Any kind of blocking techniques and body shifting can be used.
2. Any kind of counterattack to the target areas can be used but only a single counterattack is allowed.

Additional points.

1. There is to be one sudden vocal release of energy or Kiai per attack and per counterattack.

Prohibited Elements (Attack) for Kihon Ippon Kumite

1. Faking a movement in order to have the opponent move, and then attack that opponent.
2. Lunging the body towards the opponent or taking more than one basic step forward to attack.

3. The attack must follow a straight line forward and not follow the opponent who may have moved prior to completion of the attack.
4. Face level and stomach level attacks that are executed with forceful motions such as pressing the arm downward while the opponent is executing a blocking technique.
5. Withdrawing the hand that is executing an attack too quickly

Prohibited Elements (Defense)

1. Contact or hitting the attacking competitor other than the blocking technique that should be executed.
2. Any combination technique: sweeping the attacking competitor, any throwing techniques or holds involving the joints.
3. During the execution of a blocking technique to the stomach, to block at the other competitors elbow
4. During the execution of a blocking technique to the face, any forceful motions that may cause a loss of balance of the attacking competitor.
5. Withdrawing the hand that is executing a counterattack too quickly.

Guidelines for Jiyu-Ippon Kumite

Attacking Techniques.

1. Punch to the face or Jodan Oi-Zuki: aiming for either just below the nose, or lower part of the chin.
2. Punch to the stomach or Chudan Oi-Zuki: aiming for the solar plexus.
3. Front kick to the stomach or Chudan Mae-Geri: using the back leg, aiming for the solar plexus.
4. Side thrust kick to the stomach or Chudan Yoko-Geri Kekomki, using the back leg, aiming for the solar plexus.
5. There must be appropriate distance to attack. Each attack must be clearly announced before execution.

Defensive Techniques

1. Any kind of blocking techniques and body shifting can be used.
2. Any kind of counterattack to the target areas can be used but only a single counterattack is allowed.

Additional points.

1. There is to be one sudden vocal release of energy or Kiai per attack and per counterattack.
2. When there is proper distance or Maai to attack, the competitor must initiate that attack. It has been seen that proper distance or Maai has been reached and no attack is initiated. This must not be done.
3. The defending competitor must not back away creating a longer distance from the attacking competitor.
4. Faking a movement or Kensei is not allowed.

Prohibited Elements (Attack)

1. Distance is too short, and lunging the body towards the opponent.
2. Withdrawing the hand too quickly that is executing an attack.
3. Contact or hitting the opponent.
4. Blocking or shifting the body during the counterattack.
5. Grabbing or holding the opponent.

Prohibited Elements (Defense)

1. Stepping out of the ring three times.
2. Blocking and counter attacking at the same time.

Individual Registration Form: Brad Jones Shiai

Name: _____ Male: _____ Female: _____

Dojo: _____ Rank (Colour): _____ Belt

Age: _____

Event Fees: (Please check appropriate boxes)

Individual Kata

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Individual Kumite:

☐

Team Kata plus any Individual event(s)

☐

Team Kata only (\$15.00)

☐

Registration Fee: \$25 one or more events

Cheque Payable to: "The Social Committee"

Individual Registration Form.

Name: _____ Male: _____ Female: _____

Dojo: _____ Rank (Colour): _____ Belt

Age: _____

Event Fees: (Please check appropriate boxes)

Individual Kata

☐

Individual Kumite:

☐

Team Kata plus any Individual event(s)

☐

Team Kata only (\$15.00)

☐

Registration Fee: \$25 one or more events

Cheque Payable to: "The Social Committee"

Team Kata Registration Form

Dojo: _____

Each team must consist of three contestants, any combination of Males or Females of any age or rank. A team will compete in the rank division of the highest ranking team member.

NOTE: Competitors are allowed to participate on one team only.

Team: _____

| Name | Age | Rank | Category |
|------|-----|------|----------------------------|
| | | | White/Yellow Stripe/Yellow |
| | | | Orange/Green |
| | | | Blue/Purple |
| | | | Brown/Black |

Team: _____

| Name | Age | Rank | Category |
|------|-----|------|----------------------------|
| | | | White/Yellow Stripe/Yellow |
| | | | Orange/Green |
| | | | Blue/Purple |
| | | | Brown/Black |

Team: _____

| Name | Age | Rank | Category |
|------|-----|------|----------------------------|
| | | | White/Yellow Stripe/Yellow |
| | | | Orange/Green |
| | | | Blue/Purple |
| | | | Brown/Black |

Waiver/Release Agreement.

The undersigned is aware that there are risks and dangers inherent in participating at the Brad Jones Shiai. In consideration of being permitted to participate in the Brad Jones Shiai, I hereby release and waive any claims against Brad Jones, any and all clubs, schools, instructors, members, judges, officials, officers, directors and representatives relating thereto (collectively the "Releases") for any injury or damage which I may suffer while participating at the Brad Jones Shiai including travel to and from the Brad Jones Shiai.

I understand and agree that this Release will have the effect of releasing, discharging, waiving and forever relinquishing any and all actions, those causes of action that I may have or have had, whether past, present or future, whether now known or unknown and whether anticipated or unanticipated by me, arising out of my participation at the Brad Jones Shiai. This Release shall be binding upon me, my heirs, successors, administrators, assigns and legal representatives.

I assume full responsibility for any and all risk of death or personal injury, or property damage, which I may suffer while participating at the Brad Jones Shiai. I expressly acknowledge and assume any and all risk that my participation at the Brad Jones Shiai may subject me to personal injury and bodily harm.

I confirm that I have no past or present medical condition, injury or other physical or mental restriction which may cause or contribute to personal injury or property damage while participating at the Brad Jones Shiai and if in case I have such a condition, I agree to forthwith nullify the releases, as the case may be, and withdraw from the Brad Jones Shiai.

I further agree by signing this Release, I shall indemnify and hold any of the Releases harmless from any and all liability or costs, including legal fees, associated with or arising from my participating at the Brad Jones Shiai.

I acknowledge that I have read this Release and that I understand the words and language in it. I sign this Release freely and voluntarily.

Participants printed name: _____

Parent/Guardian Signature: _____

Date: _____