



# Brad Jones Karate Junior Shiai

## JKA Rules Format

Sunday, March 25<sup>th</sup>, 2018.

Registration Deadline: March 2<sup>nd</sup>, 2018.

Magna Youth Gym, 800 Mulock Drive, Newmarket, Ont. L3Y 9C1, 905-953-5300

# Tentative List of Events:

## **TEAM KATA – BEGINNERS & NOVICE: White, Yellow Stripe, Yellow, Orange, and Green**

- 1 Mixed Team Kata Up to 9 (H Shodan, Nidan, Sandan, Yondan)
- 2 Mixed Team Kata 10 to 13 (H Shodan, Nidan, Sandan, Yondan)

## **TEAM KATA – INTERMEDIATE & ADVANCED: Blue, Purple, Brown, and Black**

- 3 Mixed Team Kata Up to 9 (H, Godan, Tekki Shodan, Basai Dai, Enpi, Jion, Kanku Dai)
- 4 Mixed Team Kata 10 to 13 (H Godan, Tekki Shodan, Basai Dai, Enpi, Jion, Kanku Dai)

## **INDIVIDUAL BEGINNERS: White, Yellow Stripe, Yellow**

- |    |                           |    |  |
|----|---------------------------|----|--|
| 5  | Up to 7 Girls & Boys Kata | 6  | Up to 7 Girls & Boys Sanbon Kumite (Jodan, Chudan) |
| 7  | 8-9 Girls & Boys Kata     | 8  | 8-9 Girls & Boys Sanbon Kumite (Jodan, Chudan)     |
| 9  | 10-11 Girls & Boys Kata   | 10 | 10-11 Girls & Boys Sanbon Kumite (Jodan, Chudan)   |
| 11 | 12-13 Girls & Boys Kata   | 12 | 12-13 Sanbon Kumite (Jodan, Chudan)                |

## **NOVICE: Orange and Green**

- |    |                           |    |  |
|----|---------------------------|----|--|
| 13 | Up to 7 Girls & Boys Kata | 14 | Up to 7 Girls & Boys Kihon Ippon Kumite<br>(Jodan, Chudan, Mae Geri) |
| 15 | 8-9 Girls & Boys Kata     | 16 | 8-9 Girls & Boys Kihon Ippon Kumite<br>(Jodan, Chudan, Mae Geri)     |
| 17 | 10-11 Girls & Boys Kata   | 18 | 10-11 Girls & Boys Kihon Ippon Kumite<br>(Jodan, Chudan, Mae Geri)   |
| 19 | 12-13 Girls & Boys Kata   | 20 | 12-13 Girls and Boys Kihon Ippon Kumite<br>(Jodan, Chudan, Mae Geri) |

### **INTERMEDIATE: Blue and Purple**

21	Up to 7 Girls & Boys Kata	22	Up to 7 Girls & Boys Kihon Ippon Kumite (Jodan, Chudan, Mae Geri, Kekomi)
23	8-9 Girls & Boys Kata	24	8-9 Girls & Boys Kihon Ippon Kumite (Jodan, Chudan, Mae Geri, Kekomi)
25	10-11 Girls Kata	26	10-11 Boys Kata
27	10-11 Girls Jiyu Ippon Kumite (Semi Free Sparring)	28	10-11 Boys Jiyu Ippon Kumite (Semi Free Sparring)
29	12-13 Girls Kata	30	12-13 Boys Kata
31	12-13 Girls Jiyu Ippon Kumite (Semi Free Sparring)	32	12-13 Boys Jiyu Ippon Kumite (Semi Free Sparring)

### **ADVANCED: Brown and Black Belt**

33	9 and Under Girls Kata	34	9 and Under Boys Kata
35	9 and Under Girls Jiyu Ippon Kumite (Semi Free Sparring)	36	9 and Under Boys Jiyu Ippon Kumite (Semi Free Sparring)
37	10-11 Girls Kata	38	10-11 Boys Kata
39	10-11 Girls Jiyu Kumite (Free Sparring)	40	10-11 Boys Jiyu Kumite (Free Sparring)
41	12-13 Girls Kata	42	12-13 Boys Kata
43	12-13 Girls Jiyu Kumite (Free Sparring)	44	12-13 Boys Jiyu Kumite (Free Sparring)

NOTE: All three rings will be running continuously, all events will be full double elimination with flags right to the medal placements of 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, and 4<sup>th</sup> place. No points for the final four in kata or team kata.

We will start with the four team kata events, Beginner & Novice (Up to 9 and 10 to 13) and Intermediate & Advanced (Up to 9 and 10 to 13). Teams will be grouped based first on majority by skill level then majority by age. For example, two 10 year old blue belts with an 8 year old green belt will compete in the I&A 10 to 13 group or two 9 year old green belts with an 11 year old blue belt will compete in the B&N Up to 9 group. There are no gender divisions for team kata.

As the team kata events finish, we will break out into individual kata, followed immediately by individual kumite in the same ring, with categories in ascending order of rank and age.

## General Information

The Brad Jones JKA Junior Shiai is open to Karateka of all ages up to 13.

Lunch will be provided for Volunteers

## Date and Time.

Sunday March 25<sup>th</sup>, 2018, starting at 10:00am

## Tournament Location

Magna Youth Gym, 800 Mulock Drive, Newmarket, Ont. L3Y 9C1, 905-953-5300

## Tournament Host

Brad Jones Karate, 244 Main Street South, Newmarket, Ont. Tel: 905-895-9636

**Tournament Registration Deadline** Dojo tournament registration including summary sheets, fees and signed individual waiver forms must be submitted to Brad Jones Karate by **March 2<sup>nd</sup>, 2018**, to 244 Main Street South, Newmarket, Ont. L3Y 3Z5 or you may email your forms to George Usher at [gu-dextran@rogers.com](mailto:gu-dextran@rogers.com) but cheques must be received by the deadline. Please make cheques payable to “**The Social Committee**”.

Arrangements for in-person cash payments must be made in advance and in no case later than the start of the tournament.

## Tournament Rules

### Event Consolidation for Competitors

The tournament technical committee reserves the right to consolidate age and/or rank divisions in any tournament event as it deems necessary. Unless otherwise listed, Males and Females competing in individual events will be separated in all rank divisions except as follows:

Individual Kata/Kumite where there is only a single competitor, Males and Females will be combined for all ranks in kata, and for all ranks below Brown Belt in kumite: Males and Females will not be combined for kumite in the Brown and Black Belt divisions. Competitors may be moved up or down in age group depending on the number of competitors in the age division.

## Team Kata

Each team must consist of 3 contestants, any combination of Males or Females of any age or rank. A team will compete in the rank division of the majority of its members and by age division also by the majority of its members.

### Three Competitors Rule for Kumite events;

In the case where there are only three competitors in an event, there will be no automatic bye. The loser of the first match will compete against the next competitor. If the loser of the first match wins the second match, that competitor will automatically finish second, and the winner of the first match will automatically finish first. If the loser of the first match loses the second match, that competitor will finish third, and the winner of the second match will compete with the winner of first match for first and second place.

## Individual Kata

### **BEGINNERS: White, Yellow Stripe, and Yellow Belts**

FLAG SYSTEM: One kata by random draw from: Taikyoku Shodan, Heian Shodan, or Nidan

At the discretion of the head judge, the competitors may default to a kata known to both.

### **NOVICE: Orange and Green Belts**

FLAG SYSTEM: One kata by random draw from: Heian Shodan, Nidan, Sandan, or Yondan.

At the discretion of the head judge, the competitors may default to a kata known to both.

### **INTERMEDIATE: Blue and Purple Belts**

FLAG SYSTEM: One kata by random draw from: Heian Shodan, Nidan, Sandan, Yondan, Godan, or Tekki Shodan.

At the discretion of the head judge, the competitors may default to a kata known to both.

### **ADVANCED: Brown and Black Belt**

FLAG SYSTEM: One kata by random draw from: Heian Shodan, Nidan, Sandan, Yondan, Godan, Tekki Shodan, Basai Dai, Enpi, Jion, or Kanku Dai.

Tiebreak rule for INDIVIDUAL, not team, Kata Matches, Flag System: The Head Judge will randomly choose another different kata to be performed by the 2 competitors.

## **Individual Kumite**

NOTE: For safety reasons, competitors will not be allowed to wear regular eye glasses. Safety glasses and soft contact lenses are allowed.

### **BEGINNER: White, Yellow Stripe, Yellow Belt.**

Kihon Sanbon Kumite (Basic Three Step Sparring):

3 Jodan (Face), then 3 Chudan (Stomach): Start with Right foot back

In case of a tie, start with Left foot back

In case of a second tie, decision by flags

### **NOVICE: Orange and Green Belt**

Kihon Ippon Kumite (Basic One Step Sparring):

Jodan (Face), Chudan (Stomach), Mae-geri (Front kick): Start with Right foot back

In case of a tie, start with Left foot back

In case of a second tie, decision by flags

### **INTERMEDIATE: Blue and Purple Belt**

Up to 7 and 8-9: Kihon Ippon Kumite (One Step Sparring) Jodan, Chudan, Mae Geri, Kekomi

In case of a tie, start with Left foot back

In case of a second tie, decision by flags

Age 10-11 and 12-13: Jiyu Ippon Kumite (Semi Free Sparring) Jodan, Chudan, Mae Geri, Kekomi.

In case of a tie, repeat

In case of a second tie, decision by flags

### **ADVANCED: Brown and Black Belt**

Age Up to 9: Jiyu Ippon Kumite (Semi Free Sparring) Jodan, Chudan, Mae Geri, Kekomi.

Age 10-11 and 12-13: Jiyu Kumite (Free Sparring, One point match) 2 minutes running time match. When necessary, the referee may indicate a time stoppage.

Gloves (any colour) and Mouth Guard are required.

## Tiebreak Rule for Jiyu Kumite

If there is a draw, another match will be held. This re-match is called Sai-Shiai. If this re-match ends up in a draw, a second re-match called Sai-Sai Shiai will be held as a “sudden death” match meaning that the competitor that scores first is declared the winner. In the event there is no score after a second re-match, the judges will determine a winner.

## Criteria leading to Disqualification (Hansoku)

1. The following elements are forbidden:
  - a) Excessive contact, going beyond the target, “wild” swinging techniques.
  - b) Performing or intent to perform dangerous throws.
  - c) Grabbing, holding on, or wasting time by not attacking.
  - d) Using provocative language, attitude, gestures, verbal taunting, or not following the orders of a Judge.
  - e) Continuing to attack after stop (Yame) or out of bounds (Jogai) is called.
  - f) Head butt attack or intent to use head butt attack.
  - g) Spear hand or Nukite attack to the eyes.
  - h) Purposely attacking the groin area or the joints.

## Guidelines for Kihon-Ippon Kumite

### Attacking Techniques

1. Punch to the face or Jodan Oi-Zuki: aiming for either just below the nose, or lower part of the chin.
2. Punch to the stomach or Chudan Oi-Zuki: aiming for the solar plexus.
3. Front kick to the stomach or Chudan Mae-Geri: using the back leg, aiming for the solar plexus.
4. There must be appropriate distance to attack. The attacking competitor steps the leg back and forms a downward block or Gedan-Barai. Each attack must be clearly announced before execution.
5. After the completion of an attack and defense sequence, both competitors simultaneously return to the natural position or Shinzentai. The attacking competitor takes a step back to return to the natural position while the defending competitors takes a step forward to do the same.

### Defensive Techniques

1. Any kind of blocking techniques and body shifting can be used.
2. Any kind of counterattack to the target areas can be used but only a single counterattack is allowed.

Additional points.

1. There is to be one sudden vocal release of energy or Kiai per attack and per counterattack.

Prohibited Elements (Attack) for Kihon Ippon Kumite

1. Faking a movement in order to have the opponent move, and then attack that opponent.
2. Lunging the body towards the opponent or taking more than one basic step forward to attack.
3. The attack must follow a straight line forward and not follow the opponent who may have moved prior to completion of the attack.
4. Face level and stomach level attacks that are executed with forceful motions such as pressing the arm downward while the opponent is executing a blocking technique.
5. Withdrawing the hand that is executing an attack too quickly

Prohibited Elements (Defense)

1. Contact or hitting the attacking competitor other than the blocking technique that should be executed.
2. Any combination technique: sweeping the attacking competitor, any throwing techniques or holds involving the joints.
3. During the execution of a blocking technique to the stomach, to block at the other competitors elbow
4. During the execution of a blocking technique to the face, any forceful motions that may cause a loss of balance of the attacking competitor.
5. Withdrawing the hand that is executing a counterattack too quickly.

Guidelines for Jiyu-Ippon Kumite

Attacking Techniques.

1. Punch to the face or Jodan Oi-Zuki: aiming for either just below the nose, or lower part of the chin.
2. Punch to the stomach or Chudan Oi-Zuki: aiming for the solar plexus.
3. Front kick to the stomach or Chudan Mae-Geri: using the back leg, aiming for the solar plexus.
4. Side thrust kick to the stomach or Chudan Yoko-Geri Kekomki, using the back leg, aiming for the solar plexus.
5. There must be appropriate distance to attack. Each attack must be clearly announced before execution.

## Defensive Techniques

1. Any kind of blocking techniques and body shifting can be used.
2. Any kind of counterattack to the target areas can be used but only a single counterattack is allowed.

## Additional points.

1. There is to be one sudden vocal release of energy or Kiai per attack and per counterattack.
2. When there is proper distance or Maai to attack, the competitor must initiate that attack. It has been seen that proper distance or Maai has been reached and no attack is initiated. This must not be done.
3. The defending competitor must not back away creating a longer distance from the attacking competitor.
4. Faking a movement or Kensei is not allowed.

## Prohibited Elements (Attack)

1. Distance is too short, and lunging the body towards the opponent.
2. Withdrawing the hand too quickly that is executing an attack.
3. Contact or hitting the opponent.
4. Blocking or shifting the body during the counterattack.
5. Grabbing or holding the opponent.

## Prohibited Elements (Defense)

1. Stepping out of the ring three times.
2. Blocking and counter attacking at the same time.

## Individual Registration Form: Brad Jones Shiai

Name: \_\_\_\_\_ Male: \_\_\_\_\_ Female: \_\_\_\_\_

Dojo: \_\_\_\_\_ Rank (Colour): \_\_\_\_\_ Belt

Age: \_\_\_\_\_

Event Fees: (Please check appropriate boxes)

Individual Kata

Individual Kumite:

Team Kata

Registration Fee: \$30.00 one or more events

Cheque Payable to: "The Social Committee"

## Individual Registration Form: Brad Jones Shiai

Name: \_\_\_\_\_ Male: \_\_\_\_\_ Female: \_\_\_\_\_

Dojo: \_\_\_\_\_ Rank (Colour): \_\_\_\_\_ Belt

Age: \_\_\_\_\_

Event Fees: (Please check appropriate boxes)

Individual Kata

Individual Kumite:

Team Kata

Registration Fee: \$30.00 one or more events

Cheque Payable to: "The Social Committee"

## Team Kata Registration Form

Dojo: \_\_\_\_\_

Each team must consist of three contestants, any combination of Males or Females of any age or rank. A team will compete in the rank/age division of the majority of its team members.

NOTE: Competitors are allowed to participate on one team only.

Team: \_\_\_\_\_

Name	Rank	Age	Category
			B&N: White / Yellow Stripe / Yellow / Orange / Green  I&A: Blue / Purple / Brown / Black

Team: \_\_\_\_\_

Name	Rank	Age	Category
			B&N: White / Yellow Stripe / Yellow / Orange / Green  I&A: Blue / Purple / Brown / Black

Team: \_\_\_\_\_

Name	Rank	Age	Category
			B&N: White / Yellow Stripe / Yellow / Orange / Green  I&A: Blue / Purple / Brown / Black

## Waiver/Release Agreement.

The undersigned is aware that there are risks and dangers inherent in participating at the Brad Jones Shiai. In consideration of being permitted to participate in the Brad Jones Shiai, I hereby release and waive any claims against Brad Jones, any and all clubs, schools, instructors, members, judges, officials, officers, directors and representatives relating thereto (collectively the "Releases") for any injury or damage which I may suffer while participating at the Brad Jones Shiai including travel to and from the Brad Jones Shiai.

I understand and agree that this Release will have the effect of releasing, discharging, waiving and forever relinquishing any and all actions, those causes of action that I may have or have had, whether past, present or future, whether now known or unknown and whether anticipated or unanticipated by me, arising out of my participation at the Brad Jones Shiai. This Release shall be binding upon me, my heirs, successors, administrators, assigns and legal representatives.

I assume full responsibility for any and all risk of death or personal injury, or property damage, which I may suffer while participating at the Brad Jones Shiai. I expressly acknowledge and assume any and all risk that my participation at the Brad Jones Shiai may subject me to personal injury and bodily harm.

I confirm that I have no past or present medical condition, injury or other physical or mental restriction which may cause or contribute to personal injury or property damage while participating at the Brad Jones Shiai and if in case I have such a condition, I agree to forthwith nullify the releases, as the case may be, and withdraw from the Brad Jones Shiai.

I further agree by signing this Release, I shall indemnify and hold any of the Releases harmless from any and all liability or costs, including legal fees, associated with or arising from my participating at the Brad Jones Shiai.

I acknowledge that I have read this Release and that I understand the words and language in it. I sign this Release freely and voluntarily.

Participants printed name: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_